

Missing in Action: Engaging and Counseling the Challenging Student

RESOURCES

University and Law School Resources:

- Counseling Centers
- Student Health Centers
- Disability Services Offices
- Title IX Offices
- Civil Rights Offices
- Financial Aid Offices
- Student Services Offices
- Student Organizations

Community Resources:

- Bar Association's Lawyer Assistance Programs
- Alumni mentors
- Specialty/affinity bar organizations
- Support and advocacy groups

Websites:

- www.lawyerswithdepression.com - A website and blog with articles specifically devoted to those in the legal profession, including law students, struggling with mental health concerns
- www.daveneefoundation.org – The website of the Dave Nee Foundation provides information about programs and resources associated with the treatment of depression and suicide, particularly within the legal profession
- www.jedfoundation.org – The Jed Foundation website provides mental health resources and information for undergraduate students and campus professionals, much of which is also applicable to law students
- www.lawlifeline.org – Law Lifeline is a joint project of the Dave Nee Foundation and the Jed Foundation that provides mental health information particularly targeted for law students, including information on campus-specific resources
- abaforlawstudents.com/events/initiatives-and-awards/mental-health-resources – Provides resources for both law schools and law students related to mental health, including a Mental Health Day Planning Toolkit

- www.americanbar.org/groups/lawyer_assistance.html - The website of the ABA Commission on Lawyer Assistance Programs, or CoLAP, provides information related to alcoholism, chemical dependencies, stress, depression and other emotional health issues impacting attorneys
- <http://www.nalswd.org> – The National Association of Law Students with Disabilities is a student-run coalition providing support and resources for law students and law schools

Books:

- Susan Cain, *Quiet: The Power of Introverts in a World That Can't Stop Talking* (2013)
- Yvona Fast, *Employment for Individuals with Asperger Syndrome or Non-Verbal Learning Disability: Stories and Strategies* (2004)
- Howard Figler and Richard Bolles, *The Career Counselor's Handbook* (2nd ed. 2007)

Articles:

- Pascale Bishop, Victor Massaglia, and Allison Lynn Phillips, *Career Counseling for Lawyers Untrained in Career Counseling*, in *Perspectives on Career Services* (3rd ed. 2015)
- William A. Chamberlain, *Counseling the Distressed Student*, in *Perspectives on Career Services* (3rd ed. 2015)
- Barbara Zerillo, To Come Out or Not to Come Out, NACE Journal, April 2015, <http://www.naceweb.org/j042015/coming-out-lgbtq.aspx>
- Leslei Delorme Melton, Career Advising Students with Asperger's Syndrome, NACE Journal, September 2012, <http://www.naceweb.org/j092012/career-advising-disability.aspx>
- Cynthia Pladziewicz, How Legal Career Professionals Can Recognize and Help Lawyers Struggling with Mental Health Issues, NALP Bulletin, March 2013, <https://www.nalp.org/viewBulletin/index.cfm?bulletinID=398&documentID=3234>
- Lorri Olan and Jaclyn Vargo, Tips for Informed Outreach to LGBTQ Students, NALP Bulletin, February 2013, <https://www.nalp.org/viewBulletin/index.cfm?bulletinID=397&documentID=3206>